

# HINGE MOMENTS

A Hinge Moment is an event or short period of time that changes the trajectory of the story. The goal is for you to think of 20 moments in your life that were significant, meaning they changed who you are, how you see the world, etc. They do not have to be in any specific order.

Top 10 High Points

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Top 10 Hard Times

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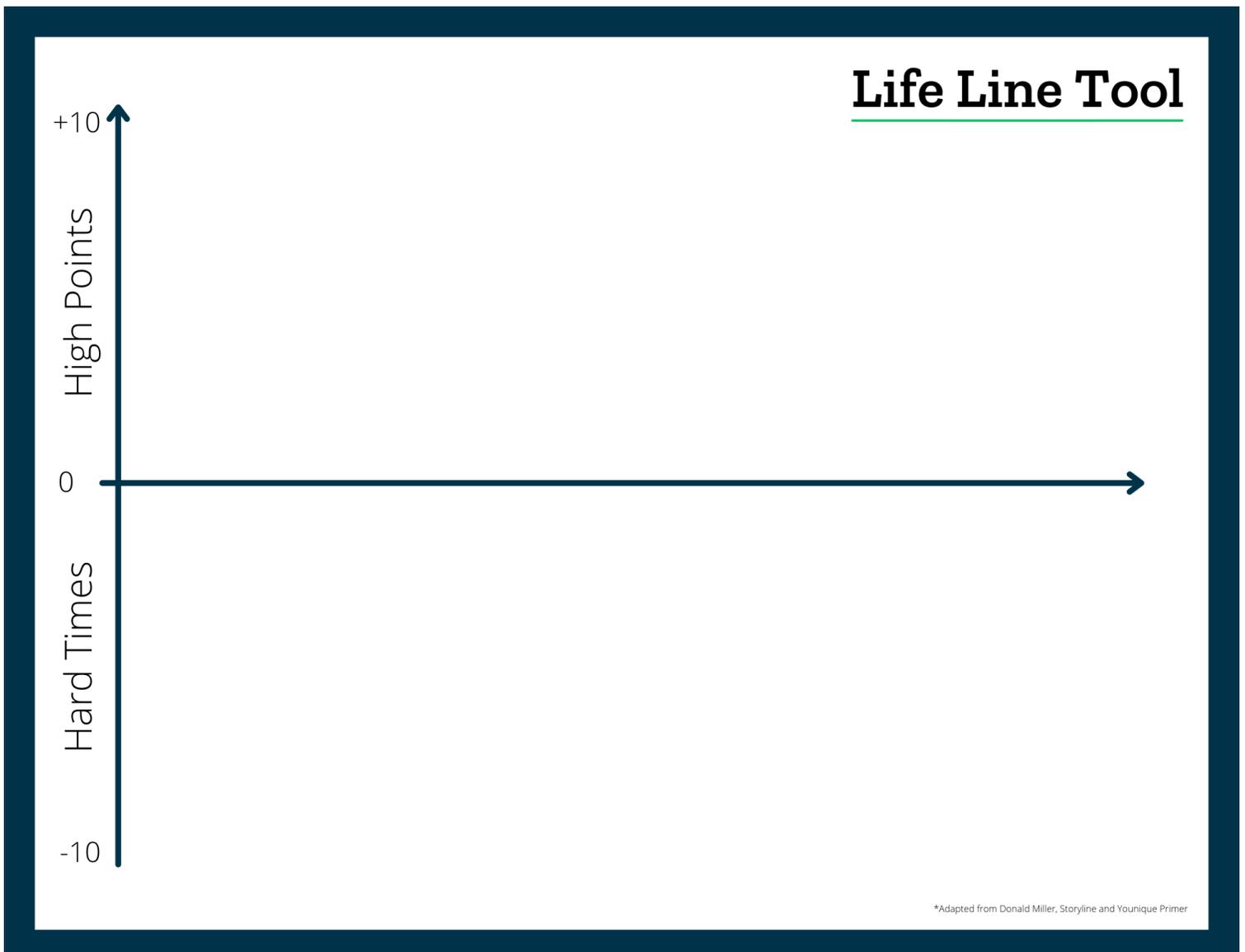
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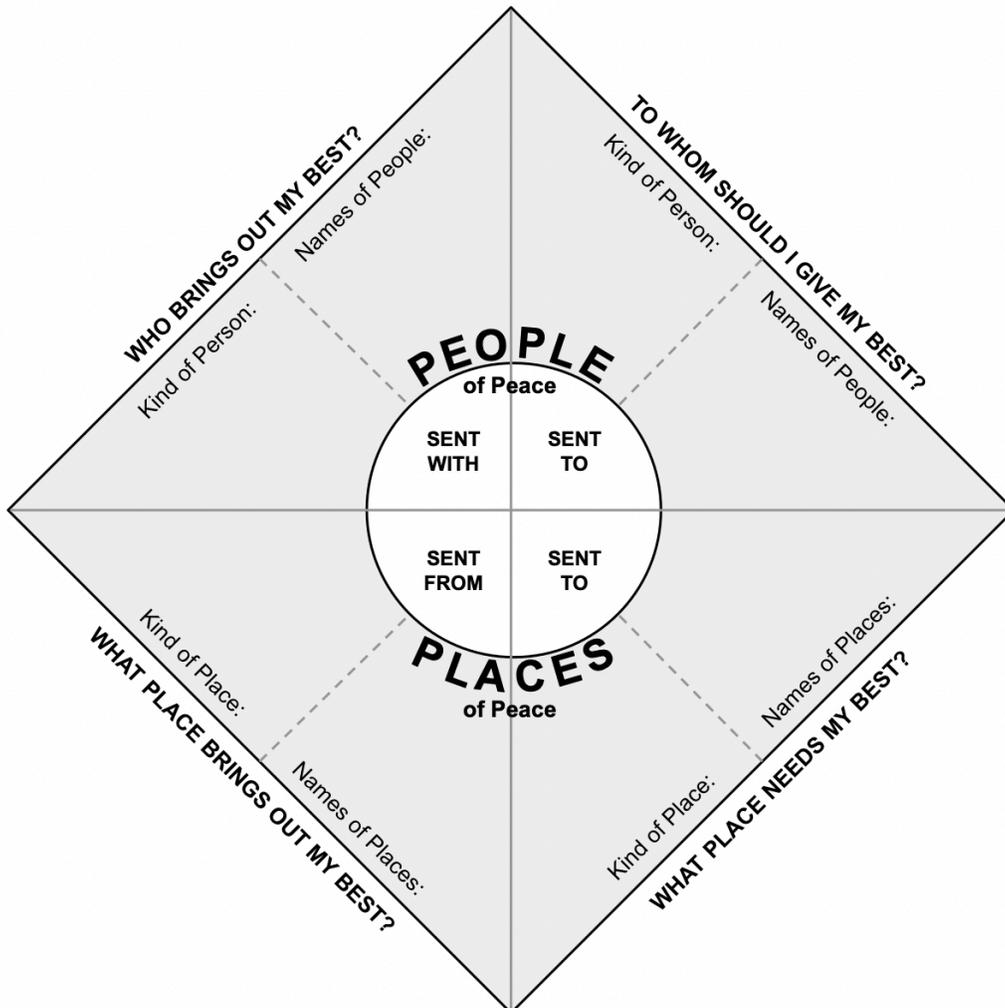
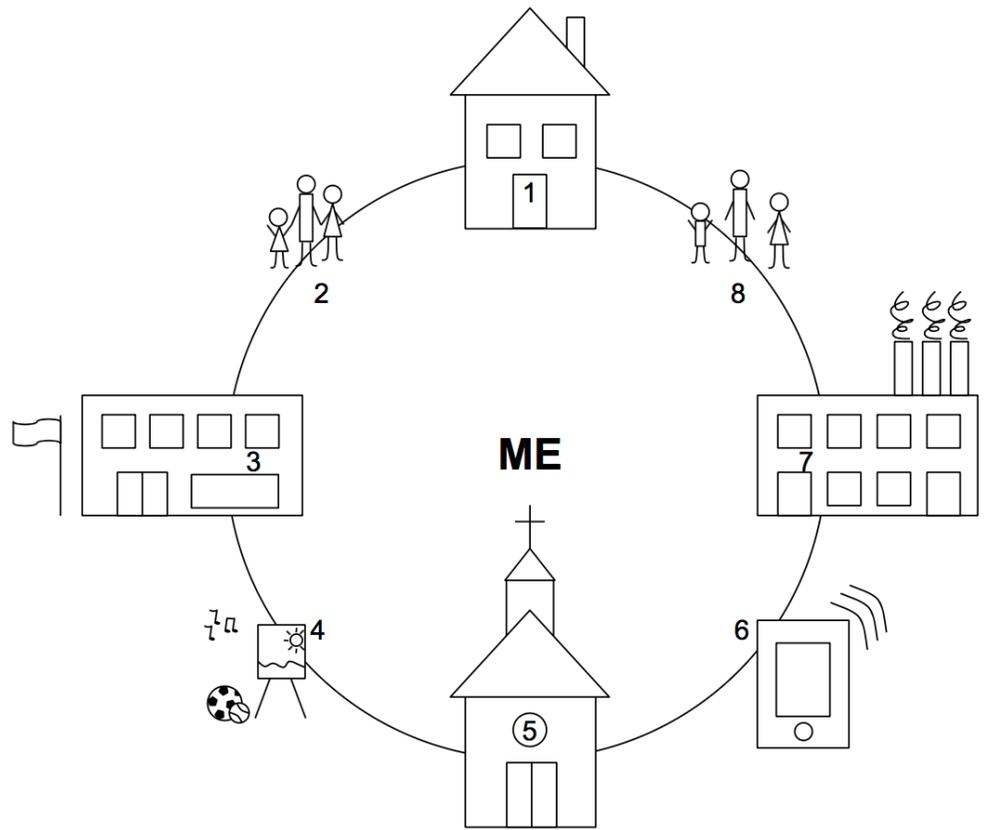
\*Adapted from Donald Miller, Storyline and Younique Primer

Now choose your top 10 hinge moments from the previous worksheet. You will need them for your life line

Once you have gone through and rated all your 10 hinge moments, we are going to work to transfer those onto our Life Line. Starting with the earliest event chronologically, you are going to chart your events by drawing a vertical line representing each hinge moment with the high points on the top part of the line and the Hard Times on the below line. How close your event is to the Life Line depends on what you rated it. The higher the positive or negative number the further from the Life Line it will be.



1. Immediate and Extended Family
2. Neighbors
3. School (yours or your kids')
4. Recreation and Hobbies
5. Church
6. Virtual and Social Media
7. Work
8. Other (restaurants, grocery stores, coffee shops, places you volunteer)



# Passion Funnel

## Interested In:

What do I enjoy? Hobbies? How or where do I spend my free time?

*Writing/Journaling    Reading Christian Non Fiction    Walking/being outside  
Watching TV series    coffee shop hopping w/friends*

## Excited About:

What gives me energy? What do I look forward to doing?

*I on I time with a friend    special latte after work    alone time  
cleaning + organizing*

## Driven By:

What must I do? What gets me up in the morning?

Where do I feel most alive?

*Teaching ppl w/disabilities    leading groups administratively  
Life change in others (not just spiritually)*

## Burdened For:

What keeps me up at night?

What stirs righteous anger in me?

Where does God want me to show up?

*Apathy pursuing holiness*

*Women w/backgrounds of spiritual abuse*

**PASSION: A conviction that becomes contagious  
because it withstands the test of pain.**

Write 5 words or phrases from the funnel above that describe your Passion.

Lives Being Transformed

Breaking down to help understand

Women who are hurting

Discipling youth/the next  
generation behind me

Writing curriculum to equip  
and empower